

E10 CHEST PAIN

KEY QUESTIONS	PRE ARRIVAL INSTRUCTIONS
Location and type of pain <ul style="list-style-type: none"> • Duration of pain • History of cardiac problems 	Relay to responders
Difficulty Breathing?	Conscious: Position of Comfort Unconscious: if not breathing normally start CPR

INCIDENT TYPE	
Chest pain /Heart problems Including: <ul style="list-style-type: none"> • Upper abdominal pain • Jaw pain • Left arm pain 	CHEST F

SECONDARY QUESTIONS	PRE ARRIVAL INSTRUCTIONS
Nausea or Vomiting?	Turn Patient on left side
Has the patient taken any Nitroglycerin or Aspirin? If yes, how many and any relief?	<u>If patient is not allergic to aspirin</u> ; the patient can take 1 adult aspirin or 4 baby aspirin if not already done so.

CALL BACK IF ANYTHING CHANGES

SUPPLEMENTAL INFORMATION

Causes of Chest Pain

- Heart Attack (AKA Myocardial Infarction or MI)
- Ruptured Thoracic Aortic Aneurysm
- Angina Pectoris
- Cocaine Use
- Pneumothorax
- Hyperventilation
- Pulmonary Embolus

Signs and symptoms of a Heart Attack

- chest pain - described as tightness, crushing or constricting
- Radiating pain - to left arm neck and back
- Sweating
- Nausea
- Weakness
- Difficulty Breathing
- indigestion
- Pulse
 - Slow - below 60
 - Fast - above 120