

E29 ALTERED MENTAL STATUS

KEY QUESTIONS	PRE ARRIVAL INSTRUCTIONS
Is the patient conscious?	<ul style="list-style-type: none"> Conscious: Position of comfort Unconscious: if not breathing normally start <u>CPR</u>
How are they different from their normal?	Relay to responders
What time was the patient last known to be acting normal?	Relay to responders
Is the patient a diabetic or do you suspect a stroke?	Refer to <u>Diabetic</u> or <u>CVA</u>

INCIDENT TYPES	
Altered over last few hours or days	ALT MNTL F
Unconscious then regained consciousness (regardless of age)	ALT MNTL F
Currently Unconscious	UNC F

SECONDARY QUESTIONS	PRE ARRIVAL INSTRUCTIONS
Any Nausea/Vomiting or fluids from the mouth?	Turn patient onto their left side
Are drugs/alcohol involved?	Relay to responders
Any recent Head Injury or trauma?	Relay to responders
Still unconscious?	Check for Medic Alert tags
Specific symptoms?	Refer to proper treatment card

Call back if anything changes

Supplemental Information

Causes of Altered Mental Status/Unconsciousness

- Allergic Reaction
- Choking
- Diseases (Diabetes)
- Drowning
- Drug/Alcohol Abuse
- Electrical Shock
- Emotions
- Head Injuries
- Heat/Cold Exposures
- Infection
- Poisons
- Respiratory/Cardiac Arrest
- SCUBA Diving Problems
- Seizures
- Shock
- Stings/Bites
- Stroke