

# E7 BREATHING PROBLEMS

KEY QUESTIONS	PRE ARRIVAL INSTRUCTIONS
Still Breathing?	If not breathing normally and unconscious start <a href="#">CPR</a>
Associated chest, abdominal, jaw or arm pain	Refer to <a href="#">Chest Pain</a> as appropriate
Choking involved?	Refer to <a href="#">choking</a> instructions as appropriate
Possible Allergic Reaction?	Refer to <a href="#">allergic reaction</a> as appropriate
Do we know reason for breathing problems, Possibly due to injury?	Refer to <a href="#">Injuries</a> as appropriate

INCIDENT TYPES	
Difficulty Breathing	BREA PROBLEM F
Chest Pain with Difficulty Breathing	CHEST F
Difficulty Breathing due to Injury	TRAU F

SECONDARY QUESTIONS	PRE ARRIVAL INSTRUCTIONS
Patient Position?	Have the patient sit up
Child involved?	DO NOT attempt to look or place anything in the child's mouth

## CALL BACK IF ANYTHING CHANGES

### SUPPLEMENTAL INFORMATION

#### Causes of breathing difficulty in adults:

- Upper airway obstruction
- Acute pulmonary edema
- Emphysema (COPD)
- Asthma or Allergic Reaction
- Pulmonary Embolus
- Hyperventilation - (always considered an acute medical emergency)
- Airway obstruction

#### Causes of breathing difficulty in children:

Croup  
Epiglottitis  
Foreign body obstruction  
Asthma