

## Routine exams, immunizations and screenings for members age 18 and under

Being your healthy best is a little easier when you focus on prevention. That’s why we encourage members to follow these preventive care guidelines. They are recommended by the U.S. Preventive Services Task Force and are consistent with the Affordable Care Act. These screenings and services are covered at no cost when performed by an in-network provider. If no plan limit is specified, we cover your preventive care during primary doctor visits.

Preventive visits	Gender	Age	Plan limit
Pediatric preventive healthcare visits	Both	0 – 4	Seven per year
Pediatric preventive healthcare visits	Both	5 – 21	Yearly
Screenings	Gender	Age	Plan limit
Hearing loss in newborns	Both	Under 1	NA
Sickle cell disease in newborns	Both	Under 1	NA
Visual impairment in children	Both	3 – 4	NA
Phenylketonuria (PKU)	Both	All	NA
Assessment for depressive disorder	Both	12 – 18	NA
Screening and counseling for HIV	Both	All	NA
Behavioral counseling to prevent sexually transmitted infections	Both	All	NA
Screening and counseling for obesity	Both	All	NA
Immunizations	Gender	Age	Plan limit
Diphtheria, tetanus, pertussis	Both	Under 7 and ages 11 – 18	Five doses up to age 6 (and single dose for ages 11 – 18)
Influenza	Both	Under 18	Two doses for the first flu season, then annually
Haemophilus influenza type b (HIB)	Both	15 months and under	Four doses up to 15 months
Hepatitis A	Both	Under 2	Two doses up to age 2
Hepatitis B	Both	18 months and under	Three doses up to 18 months (and also “catch up” vaccine for age 18 and under)
Human papilloma virus (HPV)	Both	9 – 18	Three doses
Inactivation polio virus (IPV)	Both	2 months – age 6	Four doses between 2 months and age 6
Measles, Mumps, Rubella (MMR)	Both	Under 7	Two doses up to age 6

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<b>Immunizations (continued)</b>	<b>Gender</b>	<b>Age</b>	<b>Plan limit</b>
Meningococcal	Both	11 – 18	One
Pneumococcal (PCV)	Both	15 months and under	Four doses up to 15 months
Rotavirus	Both	6 months and under	2 or 3 doses
Varicella (chickenpox)	Both	Under 7 (or age 13+ if never had chickenpox)	Two doses up to age 6 (and age 13+ if never had chickenpox)
<b>Supplements</b>	<b>Gender</b>	<b>Age</b>	<b>Plan limit</b>
Oral fluoride with iron	Both	6 – 12 months	As prescribed by provider and filled at the pharmacy for approved medications
Sodium fluoride	Both	6 months – 6 years	As prescribed by provider
<b>Women’s preventive care</b>	<b>Gender</b>	<b>Age</b>	<b>Plan limit</b>
FDA-approved generic contraceptives (i.e., oral, injectables or transdermal) are covered at a \$0 copay under your pharmacy or medical benefits.	Female	All	NA
Two female condoms, the FC Condom and Reality Condom, will be covered as over-the-counter (OTC) contraceptive methods under your pharmacy benefit at a \$0 copay when prescribed by a physician.	Female	All	NA
Other contraceptives such as barrier devices (i.e., diaphragm, IUD or cervical cap) will be covered at a \$0 copay because no generics are available. Covered under your pharmacy or medical plan.	Female	All	NA
Plan B (morning after pill) is covered at a \$0 copay when prescribed by a doctor. If you need this medication quickly, a retail pharmacist may call the doctor to obtain the prescription for you.	Female	All	NA
Tubal ligation, also known as sterilization, is covered at no cost. Associated charges such as anesthesia, labs and so on are also covered at no cost. Any applicable exclusion periods continue to apply. Complications of the surgery are subject to standard medical benefits.	Female	All	NA
Well-woman visits. Please refer to the Preventive visits section on page 1.	Female	All	NA
Breastfeeding support, supplies and counseling are covered at a \$0 copay with no deductible.	Female	All	NA
Lactation support and counseling are covered at no cost per pregnancy from a licensed provider (in a hospital or office).	Female	All	NA

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Women's preventive care (continued)	Gender	Age	Plan limit
Screening for gestational diabetes is covered at no cost for pregnant women between 24 and 28 weeks of gestation, and during the first prenatal visit for pregnant women at high risk for diabetes.	Female	All	NA
Human papillomavirus (HPV) screening is covered at no cost with no age limit.	Female	All	NA
Counseling for sexually transmitted infections is covered at no cost during an annual well-woman visit for sexually active women.	Female	All	NA
Counseling and screening for HIV is covered at no cost during an annual well-woman visit for sexually active women.	Female	All	NA
Counseling and screening for interpersonal and domestic violence is covered at no cost during annual well-woman visits.	Female	All	NA

*This list is based on the recommendation of the U.S. Preventive Services Task Force and may change in order to be compliant with the Affordable Care Act. This list is in force for nongrandfathered plans. Some services listed here are covered based on how the provider bills the claim submitted to Moda Health. This list is a summary only. For a complete description of your benefits, please refer to your policy or your Member Handbook.*